

## Energy Handout

### II. Energy (Joules) - 2 kinds

A) Potential Energy - \_\_\_\_\_ energy of that an object has due to its \_\_\_\_\_ or \_\_\_\_\_.

1. Gravitational P.E.  $_g$  (PE is an abbreviation for Potential Energy)

P.E.  $_g$  = \_\_\_\_\_ g - on earth = \_\_\_\_\_  
units

$$\Delta P.E. = \underline{\hspace{2cm}}$$

Ex 1 ) What P.E. is gained when a 100kg object when it is raised 4m straight up?

$$\Delta PE = mg\Delta h$$

Ex 1a ) What PE would be gain if the object were moved 4m to the right? \_\_\_\_\_

2. Elastic P.E. - work stored in a deformed spring

a) General Equation  $PE_s = F \cdot x$

**F** = Average F needed to deform spring      **x** = distance deformed

b) Hooke's law - \_\_\_\_\_ needed to **deform** an **ideal spring**, a given amount is directly **proportional** to its \_\_\_\_\_

**Example)** Ideal Spring X

F (force to deform)	X (distance deformed)
2N	.3m
4N	_____
6N	_____
8N	_____
<b>Force (N)</b>	

Stretch (m)

slope = F/X

c) Spring constant for ideal Spring X

$$K = F/X =$$

d) **Elastic P.E.** = area of triangle under F vs x graph

$$PE_s =$$

e)  $PE_s$  in terms of k

1.  $P.E._s =$  \_\_\_\_\_ **Average Force:** \_\_\_\_\_

2.  $PE =$  \_\_\_\_\_  $F = Kx$  (On reference)

3.  **$P.E._s =$**  \_\_\_\_\_ **(On reference)**

Ex1) A force of 12 N stretches a spring and makes it .15m longer.

a) What the spring constant (k) of this spring?

b) What's the potential energy of this spring?

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B) Kinetic Energy - the energy an object possesses due to its \_\_\_\_\_

Work/Energy Relationship: The kinetic energy an object possesses is equal to the  
\_\_\_\_\_ done to get an object moving a certain speed or to stop it.

**Equation.....**  $KE =$  \_\_\_\_\_

**Relationships:**  $KE / m$  \_\_\_\_\_  $KE / v$  \_\_\_\_\_